

2009 West Central Illinois Volunteerism Conference  
Presenter Information Sheet

Name: Barbara Byrne

Title: Co-Director, RSVP of Eastern IA and Western IL

Organization: RSVP

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Workshop Details

Title:

This workshop best fits the professional experience level checked below. Check all that apply.

Basic

Intermediate

Advanced

Proposals must include:

- ✓ Presenter Information Sheet (this form)
- ✓ Title and Brief Workshop Description (75 words)
- ✓ Workshop Learning Objectives
- ✓ One-page outline of workshop
- ✓ Professional Reference with contact information
- ✓ Short Bio (150 words)

Presenters are responsible for handouts.  
Expect 20-25 participants per session, unless notified otherwise.

Proposals are due via email by close of business July 1, 2009 to:

Nancy K. Jameson  
West Central Illinois RSVP  
604 Wabash Avenue  
Carthage, IL 62321  
Phone: 217-357-2804  
Fax: 217-357-2098  
Email: [rsvp@sandburg.edu](mailto:rsvp@sandburg.edu)

## Topic: Exploring Our Personal Styles in Communication

### Objectives:

- Utilizing a Personal Style Inventory, learn our personality style preferences.
- Discuss the impact our individual preferences have on how we give & receive information, make decisions, problem solve and communicate.
- Discover strategies for utilizing our increased self understanding to enhance our ability to communicate more effectively with others.

### Bio

Barbara Byrne is currently Co-Director of RSVP of Eastern Iowa and Western Illinois and works with Resource Development for Western IL Area Agency on Aging. She also is a part of the Advisory Group working on "The Civic Engagement of 50+ Illinoisans" initiative through the National Governor's Association. Previously she was Vice President, Regional Human Resource Manager for U.S. Bancorp, serving in various Human Resource management positions for 21 years. In addition to her work experience, she has been active as a community volunteer.